

# WAX RECOMMENDATION



## CHUCK LYDA BIATHLON

Auburn Ski Club Training Center, Soda Springs, CA – Monday, Feb 16

9 A.M., 10k, Skate

Interval start, multiple laps

<https://www.asctrainingcenter.org/>

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**Forecast/Conditions:** Overnight low 25, temperature at start 30, with a high of 32. Forecast calls for heavy new snow accumulation and increasingly strong winds during the race.

**Glidewax:** Apply HP Red Hot Wax, scrape and brush, lightly rub on Jet Bloc Red, polish with the Rotary Brush Merino Wool, repeat the Jet Bloc rub/polish for a second coat. Then quickly (1 to 2 seconds) spray [Jet Liquid](#) Red tail to tip, spread and polish using a handheld Thermo Cork, and go ski.

**Gripwax:** N/A

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or polishing the Jet Bloc but before applying Jet Liquid will best suit these conditions.

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*Created by Ben Grasseschi, Toko Tech Team member since 2003*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.