

WAX RECOMMENDATION



BARNEBIRKIE – Wednesday morning update!

American Birkebeiner Trailhead, Cable, WI – Thursday, Feb 19

11:30 A.M., 3k/1k/500 meter, Classic or Skate

Out-and-back

Birkie.com

Forecast/Conditions: Overnight low of about 23, temperature at start roughly 32 and afternoon high roughly 35. Expect partly cloudy skies with a breeze from the northwest and around 1 inch of new snow that might be less in some in some parts of the course and more in others.

Glidewax: Apply BP Yellow Hot Wax, scrape and brush. Go have fun!

Gripwax: If it snows less than ¼ inch, klister base, klister kick. If it snows more than ½ inch, klister base, covered klister kick. If it snows more than 1 inch, hardwax base, hardwax kick. For klister base, roughen base with 150 grit sandpaper, apply Nordic Base Klister Green (in klister zone), heat and smooth. While still warm, apply Nordic Klister Red and Klister Yellow mixed 1:1 in an alternating chevron pattern, smooth, let cool. If covering, after klister has cooled, cover with GripWax Yellow, lightly cork. For hardwax base, roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of GripWax Yellow/GripWax Red, alternating layers and corking between each. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

Structure: If appropriate for your child and their skis, a Universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the Hot Wax will best suit these conditions.

Created by Ian Harvey, Toko US Brand Manager

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.