

WAX RECOMMENDATION



MINNESOTA BIATHLON CUP #4

Woodland Trails Regional Park, Elk River, MN – Saturday, Jan 31

11 A.M. Zero, Noon Race, 9k, Skate

Simulated pursuit starts, multiple laps

<https://minnesotabiathlon.com/2026/01/mn-cup-4-elk-river-1-25/>

Forecast/Conditions: Friday night low around -7F. Expect a firm skate deck of snow with some icy spots that will glaze. Expect some leaves and debris. Race time temperature will be around 10F with partly sunny skies.

Glidewax: Apply HP Blue Hot Wax, scrape and brush, sprinkle on [Jet Powder](#) Blue, make two passes with iron at 180c, let cool, scrape and brush using the copper brush and polish with a merino wool roller. Then quickly (2 seconds) spray [Jet Liquid](#) Blue tail to tip, let sit for 10 minutes, go ski.

Gripwax: N/A

Structure: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or polishing the Jet Powder but before applying Jet Liquid will best suit these conditions.

Created by Ben Lund, Toko Tech Team member since 2000

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.