

# WAX RECOMMENDATION



## DULUTH CXC CUP – FREESTYLE INTERVAL START

Spirit Mountain Nordic Center, Duluth, MN – Sunday, Dec 14

11 A.M., 7.5k/5k/3k, Skate. Note updated start times!

Interval start on a 2.5k or 1.5k lap course

<https://www.duluthsupertour.com/cxc-cup>

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**Forecast/Conditions:** Overnight low of around -12F with the temperature rising throughout the day to the single digits above zero F. Expect dry snow on a machined track surface comprised of mainly natural snow.

**Glidewax:** Apply HP Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush. Sprinkle on [Jet Powder](#) Blue, make two passes with iron at 180c, let cool, scrape and brush using the copper brush and polish with a merino wool roller.

**Gripwax:** N/A

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or polishing the Jet Powder will best suit these conditions.

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*Created by Frank Lundeen, Toko Tech Team member since 1999*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](https://www.toko-us.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.