

WAX RECOMMENDATION



FROST MOUNTAIN EASTERN CUP CLASSIC

Rikert Nordic Ski Center, Ripton, VT - Saturday, Feb 15

10 A.M. Men 10k, Noon Women 10k, 2:15 P.M. 5k U16, Classic

15 second interval start

<https://nensa.net/eastern-cup-4-2/>

Forecast/Conditions: Overnight low 7F at 6 A.M., temperature at start 13.

Conditions will be well groomed new snow, with temperature rising to 20 throughout the day. It will be cloudy all day with slight chance of snow for the U16 races in the afternoon.

Glidewax: Apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush. Sprinkle on [Jet Powder](#) Red, make two passes with iron at 180c, let cool, scrape and brush. Polish with a merino wool roller. Then spray on [Jet Liquid](#) Red, let the ski dry flat for at least 20 minutes. No need to brush or polish Jet Liquid before skiing.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 thin layers of Nordic GripWax Blue, corking between layers. For afternoon races, apply 2 thin layers of GripWax Red after the GripWax Blue layers, corking between layers.

Structure: A cold structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or Jet Powder but before applying Jet Liquid will best suit these conditions.

Created by Ben Lustgarten, Toko Tech Team member since 2020

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Blue, Red or Yellow), as the temperature ranges are the same. For a more economical option, omit Jet topcoats. All Race Wax Tips recommend ONLY fluorine-free products. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.