

# WAX RECOMMENDATION



## NH COACHES SERIES RACE 2

Whitaker Woods Trails, North Conway, NH - Saturday, Feb 8

10:30 A.M., 5k, Classic

Wave start, every 60 seconds, 5k lap

<http://www.nhnordiccoaches.org/registration-fees-schedule>

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**Forecast/Conditions:** Overnight low of 13 rising to 20 by race start, partly cloudy. A mix of new and transformed snow, PistenBully groomed.

**Glidewax:** Apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Red, corking smooth between layers.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

*Created by Stuart Kremzner, Toko Tech Team member since 2004*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.