

WAX RECOMMENDATION



MINNESOTA STATE HIGH SCHOOL SECTION 5

Wirth Park, Minneapolis, MN - Wednesday, Feb 5

10 A.M. first 5k Skate race, 11:15 A.M. first Skate Relay race, 2:15 P.M. first 5K Classic race
Pursuit start for Classic and Skate, relay heats and finals are mass starts

<https://www.skinnyski.com/racing/display.asp?id=56074>

Forecast/Conditions: Overnight low of 14, rising to 16 at the first start and reaching a high of 23 in later races. A 50 percent chance of snow beginning at noon. Mostly cloudy with a slight NE wind. Expect a racing platform of manmade snow with some transformed natural snow mixed in.

Glidewax: For Skate, apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Blue, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush. For Classic, apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, apply a thin layer of Nordic Base Klister Green, heat and smooth. While still warm, apply a thin layer of Nordic Klister Red, smooth, let cool. Cover the Klister with 1-2 layers of Nordic GripWax Red.

Structure: A fine or universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions for skaters. Classic skiers should substitute the Red Structurite tool for the Blue tool.

Created by Gerald Slater, Toko Tech Team member since 2006

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.