## WAX RECOMMENDATION



## MINNESOTA STATE HIGH SCHOOL SECTION 6

Hyland Park Reserve, Bloomington, MN - Monday, Feb 3 9 A.M. first 5k Classic race, 11 A.M. first Skate Relay race, 2:35 P.M. first 5K Skate race Pursuit start for Classic and Skate, relay heats and finals are mass starts https://www.skinnyski.com/racing/display.asp?ld=56066

**Forecast/Conditions:** Overnight low of 16 with a 40 percent chance of snow after midnight rising to 60 percent from 6 A.M. to noon. Race time temperatures between 17-21. Cloudy with a NW wind 5-10 mph. Expect a well-groomed racing platform of manmade snow with up to an inch of natural snow on the top.

Glidewax: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

<u>Gripwax:</u> Roughen base with 150 grit sandpaper, apply a thin layer of Nordic Base Klister Green, heat and smooth. While still warm, apply Nordic Klister Red, smooth, let cool. If new snow materializes, cover with 1-2 layers of Nordic GripWax Red, corking smooth between layers.

<u>Structure</u>: A fine or universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006

**Racing-Service** 

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.