

WAX RECOMMENDATION



ROY VARNEY MEMORIAL EASTERN CUP - SKATE

Quarry Road Trails, Waterville, ME – Saturday, Feb 1

9:30 A.M., 10k, Skate

Interval start

<https://nensa.net/eastern-cup-3/>

Forecast/Conditions: Overnight low 12 at 7 A.M. dropping from the mid-20s, temperature at start 15. Conditions will be well groomed with most of the trails having some fresh snow overnight, with temperature rising to 20 throughout the day. It will be mostly sunny throughout the day with light winds.

Glidewax: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Ben Lustgarten, Toko Tech Team member since 2020

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.