WAX RECOMMENDATION



SEELEY HILLS SKATE

American Birkebeiner Trailhead, Cable, WI - Sunday, Jan 12 9 A.M., 20k, Skate 11 A.M., Youth Skate https://www.birkie.com/ski/events/seeley-hills-classic/

Forecast/Conditions: Overnight low of about 10 with an afternoon high of 21. Temperature for all start times will be between 13 - 17 under cloudy skies with light snow falling during the race. Expect a machined surface comprised of primarily manmade snow on the 5k lap course.

Glidewax: For 20k, apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Blue, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush. For Youth Skate, apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: N/A

<u>Structure</u>: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Frank Lundeen, Toko Tech Team member since 1999

Racing-Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.