

# WAX RECOMMENDATION



## WOMEN'S SKI DAY

Woodstock Resort Nordic Center, Woodstock, VT – Sunday, Jan 26

9 A.M , Morning session and afternoon session

Classic and Skate clinics

<https://nensa.net/womens-day/>

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**Forecast/Conditions:** Overnight low 17, temperature at start 26. Conditions will be well groomed with most of the trails having new snow mixed with transformed snow, with temperature rising to 34 throughout the day. It will be partly sunny in the throughout the day with light winds.

**Glidewax:** Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 thin layers of Nordic GripWax Red, corking between layers. For extra grip (if desired) add 1-2 thin layer of Nordic GripWax Yellow for afternoon sessions, corking between layers.

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

*Created by Ben Lustgarten, Toko Tech Team member since 2020*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).