## WAX RECOMMENDATION



## WINTER WOLF SKIATHLON

Forbush Corners, Frederic, MI – Saturday, Jan 4 10 A.M., 12k/6k Classic, 6k Skate 4 person wave starts, 5 second interval, 2 laps Classic then 2 laps Skate <u>https://runsignup.com/Race/MI/Grayling/WinterWolfSkiathlon</u>

**Forecast/Conditions:** Overnight low of 16, temperature at start of 16. Expect a firm base of manmade snow with a mix of fresh snow and manmade snow on top. There is a 78 percent chance of light snow overnight with a 40 percent chance of snow during the race.

<u>Glidewax</u>: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

<u>Gripwax</u>: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 shorter layers of Nordic GripWax Red, corking smooth between layers followed by 2 layers of Nordic GripWax Blue, corking smooth between layers.

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

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**Racing-Service** 

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.