

# WAX RECOMMENDATION



## ADK TOUR DE SKI – SATURDAY NIGHT SPRINTS

Dewey Mountain Recreation Center, Saranac Lake, NY - Saturday, Jan 11

6:10 P.M., 5k/2.5k, Freestyle

Mass start, 2.5k loop

[www.skireg.com/adk-tour-de-ski-dewey-mountain-sprints-nordic-center-saranac-lake-2025](http://www.skireg.com/adk-tour-de-ski-dewey-mountain-sprints-nordic-center-saranac-lake-2025)

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**Forecast/Conditions:** Overnight low 12, temperature at start 21, several inches of new, fresh powder, with a 40 percent chance of snow during the race.

**Glidewax:** Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Blue, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

**Gripwax:** N/A

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

*Created by Duncan Douglas, Toko Tech Team member*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).