## WAX RECOMMENDATION



## SKIESTA

Seeley Creek Nordic Trails, Seeley Lake, MT - Saturday, Jan 18 1 P.M., 1-20k, Freestyle Mass start – Multiple laps https://www.seeleylakenordic.org/skiesta

<u>Forecast/Conditions:</u> Overnight low 3F, temperature at start 18. Chance of rain early in the week transitioning to snow by Friday. Course will be groomed with a PistenBully, bringing different layers of the snowpack into play throughout the course.

<u>Glidewax:</u> For 10k and 20k races, apply Performance Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush, then apply HP Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush. For 1k-5k races, apply P Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush.

<u>Gripwax:</u> Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Blue, corking smooth between layers. If more kick is required, consider substituting Nordic GripWax Red.

<u>Structure:</u> A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Jim Rucker, Toko Tech Team member since 2023

Racing-Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.