WAX RECOMMENDATION



MT. ASHWABAY SUMMIT RACE

Mt. Ashwabay, Bayfield, WI - Saturday, Feb 1 9 A.M. HS 7k/MS 3k, Freestyle, 10 A.M. Collegiate 3ok Skiathlon 10:10 A.M. Citizen 3ok Skiathlon or 3ok/15k Freestyle http://ashwabaysummitskirace.com

Forecast / Conditions: Overnight low of 16, temperature at start will be 21, temperature later for longer races are expected to be 27. Snow will develop around 8 A.M. and intensify over the day with some drifting. Expect a winter wonderland!

<u>Glidewax:</u> Apply HP Red Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot wax, scrape and brush.

<u>Gripwax:</u> Roughen base with 150 grit sandpaper, apply a thin layer of Nordic Base Klister Green, heat and smooth. Then apply 3-4 layers of Nordic Gripwax Red, corking between layers.

<u>Structure</u>: A fine or universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Blaise Sopiwnik, Toko Tech Team member since 2014

Racing-Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.