WAX RECOMMENDATION



ALLAN BARD MEMORIAL CLASSIC

Tamarack XC Center, Mammoth Lakes, CA - Sunday, Feb 2 10 A.M., 20k/10k/5k, Classic Only Mass start per distance and laps per distance Event website <u>here</u>

<u>Forecast/Conditions:</u> Overnight low 32, temperature at start 34, with a high of 36. New snow Friday and Saturday. Cloudy and windy with snow likely during the race.

<u>Glidewax:</u> Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

<u>Gripwax:</u> Roughen kick zone with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-5 layers of Nordic GripWax Red/GripWax Yellow, alternating and corking between layers. Finish with 1 layer of GripWax Red corked smooth.

<u>Structure:</u> A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Ben Grasseschi, Toko Tech Team member since 2003

Racing-Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.