WAX RECOMMENDATION



WASHINTON BIATHLON ASSN RACE WEEKEND 1

Stevens Pass Nordic Center, Stevens Pass, WA – Saturday, January 25 10:30 A.M. Zero, 11:45 A.M. Race, 12.5k Men/10k Women Individual start <u>http://www.washingtonbiathlon.org</u>

Forecast/Conditions: Firm and fast conditions due to the recent 10 days of cold and dry weather and a mostly transformed snowpack. Overnight low of 14 early Saturday morning rising to a high of 29 by race completion. Snow temperature should remain in the mid-20s under sunny skies.

<u>Glidewax</u>: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Blue, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax /HP Red Hot Wax mixed 1:1, scrape and brush.

Gripwax: N/A

Structure: A fine cold structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003

Racing-Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.