WAX RECOMMENDATION



GUNNAR HAGEN MEMORIAL RACE

Cabin Creek Exit 63, Hwy 90, Snoqualmie Pass, WA - Sunday, Jan 12 10 A.M., 30k/7.5k, Classic Interval start, 30k = 4 laps http://www.kongsbergers.org

<u>Forecast/Conditions:</u> Overnight low of 29 with freezing fog predicted for race day with a high of 34 by race completion under partly sunny skies. A 30 inch transformed snowpack that absorbed a fair amount or rain Friday with a 30 percent potential for some wet snow possibly added Saturday. No moisture is expected to fall after Sunday morning grooming.

Glidewax: Apply HP Red Hot Wax, scrape and brush, spray on HP Liquid Paraffin Yellow, let stand at least 2 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush. No fluorinated wax allowed.

<u>Gripwax:</u> Roughen base with 150 grit sandpaper, heat in a thin layer of Nordic Base Klister Green, cork smooth, let cool. Heat in a layer of Nordic Klister Red, corking smooth. Keep handy your Nordic GripWax Red for covering the klister in case unexpected snow should fall prior to start.

<u>Structure</u>: A universal or wet structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003

Racing-Service

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.