

WAX RECOMMENDATION



LAPHAM LOPPET

Lapham Peak State Park, Delafield, WI - Saturday, Jan 18

9:30 A.M., 11k/3k, Skate and Classic

Self-seeded wave starts, multiple laps

<https://laphampeakfriends.org/skiing/#loppet>

Forecast/Conditions: The temperature will be steadily dropping from highs near 40 on Friday to around 20 Saturday morning. Expect a race time temperature of 20F to feel much colder due to high winds. The trail is firm older manmade snow, with an icy base, that will slowly breakdown with heavy lap traffic.

Glidewax: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green short (in klister zone), cork smooth, let cool. Then create a [pyramid of multiple thick layers of Base Wax Green](#), corking between each layer. Stay short, not beyond klister zone. Finish by covering with a very thin layer of GripWax Blue, corking lightly.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Ben Lund, Toko Tech Team member since 2000

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.