

WAX RECOMMENDATION



AMH CUP #2 HICKOK SKIATHLON

Kincaid Park, Anchorage, AK - Sunday, Jan 12

Noon, 10k Skiathlon (5k CL, 5k SK)

Race course TBD because of inclement weather

<https://anchoragenordicski.com/races/amh-anchorage-cup/#skiathlon>

Forecast/Conditions: Rain on Saturday, isolated showers before 9 P.M., then a 30 percent chance of rain after 3 A.M. Mostly cloudy with a low around 32. Sunday rain, cloudy with a high near 42. Trail will be a bit dirty and VERY transformed mostly manmade snow from the previous week of racing and grooming at US Nationals. Snow will be fast, even when wet.

Glidewax: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Yellow, let stand at least 2 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply Performance Blue Hot Wax, scrape and brush, then apply HP Yellow Hot Wax/HP Blue Hot Wax mixed 2:1, scrape and brush. The HP Blue will increase durability in the dirty abrasive snow and ice.

Gripwax: Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat and smooth. While still warm, apply Nordic Klister Yellow and Klister Red mixed 2:1 in an alternating chevron pattern, smooth, let cool.

Structure: A coarse universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions. Usually Kincaid needs a finer grind due to the glacial silt and dirt but transporting water will be a higher priority at this event

Created by Ira Edwards, Toko Tech Team member since 1995

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.