## WAX RECOMMENDATION



## MESABI EAST XC INVITE

Giants Ridge, Biwabik, MN - Saturday, Jan 11 10 A.M. 5k Classic, 1 P.M. 5k Freestyle <u>https://www.skinnyski.com/racing/display.asp?Id=55646</u>

**Forecast/Conditions:** Overnight low of about -4F with an afternoon high of 13. Temperature for all start times will be between 4F – 12F under partly sunny skies. Expect a machined surface comprised of primarily manmade snow on the 2.5k lap course, with considerable glazing in the classic tracks.

<u>Glidewax</u>: For all races, apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Blue, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green short (in klister zone), cork smooth, let cool. Then create a pyramid of <u>multiple thick</u> layers of Base Wax Green, corking between each layer. Stay short, not beyond klister zone. Finish with a thin cover of GripWax Blue, corking lightly.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Frank Lundeen, Toko Tech Team member since 1999 Racin

**Racing-Service** 

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at TokoUS.com.