

# WAX RECOMMENDATION



## WINTER WARM-UP

Elm Creek Park Reserve, Maple Grove, MN - Saturday, Dec 21

8:30 A.M., 10k and 5k, Freestyle

Mass start, 2 – 4 laps

<https://pioneermidwest.com/pages/2024-winter-warm-up-10km-brad-rosch-memorial-5km>

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**Forecast/Conditions:** NOAA forecasts 4-8 inches of snow through Thursday evening. Friday evening overnight low of 2F with temperatures rising to 8F at the start. Partly sunny with a mild wind. A 10 percent chance of new snow during the race. Expect a solid racing platform of natural snow machine packed on top of the manmade base.

**Glidewax:** Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Blue, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

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*Created by Gerald Slater, Toko Tech Team member since 2006*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](https://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](https://TokoUS.com).