

WAX RECOMMENDATION



HAYWARD HOLIDAY DASH

American Birkebeiner Trailhead, Cable, WI - Sunday, Dec 29

9 A.M., 6k/4k, Classic

<https://www.birkie.com/ski/events/hayward-dash/>

Forecast/Conditions: There will be a lot of raining leading up to the event, especially on Friday night with ¼" to ½" of rain expected. This will fall on mostly manmade snow. Saturday night's low is expected around 27. Sunday will be mostly cloudy with the racetime temperature right around freezing.

Glidewax: Apply HP Red Hot Wax, scrape and brush, spray on HP Liquid Paraffin Yellow, let stand at least 2 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Red Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat, smooth and let cool. Then apply Nordic Klister Red, heat, smooth and let cool.

Structure: A wet structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Mike Lundeen, Toko Tech Team member since 2004

Racing-Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.