

# WAX RECOMMENDATION



## GITCHI GAMI GAMES – CLASSIC

American Birkebeiner Trailhead, Cable, WI - Tuesday, Dec 17

9 A.M. SuperTour Women, 11:15 A.M. SuperTour Men  
20k, Classic

<https://www.birkie.com/ski/events/gitchi-gami-games/>

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**Forecast/Conditions:** Monday night's overnight low around 18 with mostly cloudy skies. Racetime temperature will be in the low 20s with mostly cloudy skies. Expect ice from light rain over the weekend mixed with manmade snow.

**Glidewax:** Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat, smooth, and let cool. Then apply Nordic Klister Blue, heat, smooth, and let cool. Finish by covering with a very thin layer of GripWax Blue/GripWax Red mixed, corking lightly. For extra kick, after the klister binder, apply Nordic Klister Blue and Nordic Klister Red in an alternating chevron pattern, heat, smooth, let cool. Still use the same thin GripWax Blue/Red cover.

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

*Created by Mike Lundeen, Toko Tech Team member since 2004*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).