

WAX RECOMMENDATION



YELLOWSTONE SKI FESTIVAL 5K

Rendezvous Trails, West Yellowstone, MT – Saturday, Nov 30

10 A.M., 5K, Freestyle

Mass Start – 1 Lap

<https://www.skirunbikemt.com/yellowstone-ski-festival/races>

Forecast/Conditions: Overnight low of -1F, temperature at start 10F, new snow with accumulating snow in days leading up to the race. Snow flurries possible on race day with mostly cloudy skies.

Glidewax: Apply HP Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush very well with copper brush followed by horsehair brush. If you do not have HP, apply BP Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush. Liquid Paraffin is not recommended based on forecasted race time snow temperature.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Blue, corking between layers. For more speed, cover with one layer of Nordic GripWax X-Cold and cork lightly.

Structure: A cold grind with no additional structure will best suit these conditions.

Created by Jim Rucker, Toko Tech Team member since 2023

Racing-Service

Check the [Wax Tips](#) page at [TokoUS.com](https://www.toko.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.