

WAX RECOMMENDATION **TOKO**[®]

Eastern High School Championships Classic

Holderness School, Holderness, NH

Saturday, March 16

10 A.M.

7.5K, Classic

Mass start

3Laps

<http://nensa.net/eastern-hs-championships>

Forecast/Conditions: Temperature in the 30s overnight rising to the upper 30s by race time. Snow will be well-tilled manmade snow.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Sprinkle on HP Powder Yellow, iron in, let cool, scrape and brush. If you do not have HP Powder, apply BP Red Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat and smooth. While still warm, apply Nordic Klister Red and Klister Yellow in an alternating chevron pattern, smooth, let cool.

Structure: A wet structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax/Powder will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 2000. Rob@FreedomTrailNordic.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service