

Sierra Skogsloppet

Tahoe Donner XC Center, Truckee, CA Sunday, March 24 9 A.M. 7K or 14K, Freestyle Mass start 1 or 2 laps Event info here

Forecast/Conditions: Overnight low 25, temperature at race start 30, with a high of 36. New snow expected on Saturday. Mostly cloudy with a 50 percent chance of snow showers on race day and light winds.

Glidewax: Apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Red, corking smooth between layers.

Structure: A fine structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

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Created by Ben Grasseschi, Toko Tech Team member since 2003.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.