

Salomon CXC Jr Cup - WI State Skate Championships

American Birkebeiner Trailhead, Cable, WI

Sunday, March 3

8 A.M. High School, 11:30 A.M. Middle School

5K - 7K Skate, Interval start

https://cxcskiing.org/pages/events/cxc-junior-cup.html

Forecast/Conditions: Overnight low of around 30 with a daytime high in the upper 50s. Start time temperature will be in the low 40s for early morning starters and in the low 50s for late morning starters under cloudy skies with a chance of rain. The track will be a wet machined base of manmade snow with some dirt in areas.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on HP Liquid Paraffin Yellow, let stand for at least 2 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax layer or before applying HP Liquid Paraffin will best suit these conditions.

Created by Frank Lundeen, Toko Tech Team member since 1999. tokowaxtip@gmail.com

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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