

## 2024 Henchey Memorial Eastern Cup

Craftsbury Outdoor Center, Craftsbury, VT Sunday, February 4 9:30 A.M. 5K for U16, 10K for Men and Women races Pursuit start, Freestyle https://www.skireg.com/24-harvard-carnival

Forecast/Conditions: Overnight low of 14 rising to mid-20s on Sunday. Mixed cloudy then changing to sunny conditions. Transformed manmade snow throughout.

<u>Glidewax</u>: Apply High Performance Blue Hot Wax, scrape and brush. Apply High Performance Red Powder, let cool, scrape and brush. If you do not have HP Powder, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

<u>Gripwax:</u> N/A

<u>Structure</u>: A Universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax/Powder will best suit these conditions.

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Created by Ben Lustgarten, Toko Tech Team member since 2020.

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.