



OISRAN State Championships

Mt Bachelor Nordic, Bend, OR Saturday, February 24 9 A.M. Girls, 10 A.M. Boys, 4K Classic, Interval start 11:30 A.M. Mixed Relays - 3 x 800M Event website here

Forecast/Conditions: Overnight low around 25. Saturday mostly sunny with a high near 41.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply alternating layers of Nordic GripWax Blue and GripWax Red, corking between layers. Final layer is GripWax Red.

Structure: A universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Colin Mahood, Toko Tech Team member. Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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