



Minnesota High School Championship

Giants Ridge, Biwabik, MN Wednesday, February 14

Pursuit race: 10 A.M. 5K Classic, 2 P.M. 5K Skate

Event website here

Forecast/Conditions: Overnight low of 20 rising to the high 20s for the Classic race and 32 for the Skate race. Mostly cloudy, slight chance (20 percent) of snow, winds 10-15 mph gusting to 20 mph. Expect the racing surface to be highly transformed manmade snow, packed solid and fast.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Sprinkle on HP Powder Red for Classic, HP Powder Yellow for Skate, iron in, let cool, scrape and brush. If you do not have HP Powder, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax (Classic) or HP Yellow Hot Wax (Skate), scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply alternating layers of Nordic GripWax Red and Base Wax Green, corking between layers. Final layer should be Red.

Structure: A fine or universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax/Powder will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006. grslater@comcast.net

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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