

## Mt. Ashwabay Summit Race

Mt. Ashwabay, Bayfield, WI Saturday, February 3 9 A.M. 24K/12K Skate or Classic, 24K Skiathlon 12K loop, Mass start https://ashwabaysummitskirace.com/

Forecast/Conditions: Overnight low of 26, temperature at start will be 34, temperature later for longer races are expected to be 37. Mostly sunny, expect a glazed course with debris.

Glidewax: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat and smooth. While still warm, apply Nordic Klister Red and Klister Yellow in an alternating chevron pattern, smooth, let cool. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

Structure: A Universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or

before spraying HP LP will best suit these conditions. Created by Blaise Sopiwnik, Toko Tech Team member since 2014. Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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