

WAX RECOMMENDATION **TOKO**[®]

Minnesota State HS League Section 7 Classic

Giants Ridge, Biwabik MN

Wednesday, February 7

10 A.M. 5K Classic, Interval start

11:30 A.M. Classic Relay Heats, 1:30 P.M. Relay Finals

Forecast/Conditions: Overnight low of 31, 37 at 10 A.M., rising to low 40s for Relays. Mostly cloudy with southerly winds 5-15 mph gusting to 25 mph. This course will be soft. Expect dirty moist snow.

Glidewax: Iron in a layer of X-Cold Powder, scrape and brush, then spray on HP LP Yellow, let sit at least two hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush. Racers in the Relay finals may wish to spray on HPLP Yellow at the start and ski on it wet.

Gripwax: Roughen base with 150 grit sandpaper, apply a thin layer of Nordic Base Klister Green, heat and smooth. While still warm, apply Nordic Klister Yellow, smooth, let cool.

Structure: A fine or universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006. grslater@comcast.net

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service

