



Rendezvous Trails, West Yellowstone, MT

Saturday, March 2

8:45 A.M. 25K Classic, 9 A.M 50K/25K Skate

9:20 A.M. 10K, 9:30 A.M. 5K/2K

Wave start for 50K/25K Skate, Mass starts for others

http://www.skirunbikemt.com/rendezvous-race.html

Forecast/Conditions: Overnight low 20, temperature at start 24F. Fresh snow in the days leading up to the race and on Saturday. High winds Friday and moderate winds on Saturday. Expect the track to have fresh and windblown snow.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Sprinkle on HP Powder Blue/HP Powder Red mixed 1:1, iron in, let cool, scrape and brush. If you do not have HP Powder, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax/HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Red, corking between layers. Finish with one layer of GripWax Blue, cork smooth. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

Structure: A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax/Powder will best suit these conditions.

Created by Dan Streubel and Jim Rucker, Toko Tech Team members.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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