

WAX RECOMMENDATION **TOKO[®]**

President's Cup Skiathlon

Auburn Ski Club Training Center, Soda Springs, CA

Saturday, February 17

10 A.M.

5K or 10K; Classic lap(s), then Skate lap(s)

Mass start per distance

Multiple laps

<http://asctrainingcenter.org>

Forecast/Conditions: Overnight low 28, temperature at race start 33, with a high of 36. Cloudy, with an 80 percent chance of snow and gusty winds during the race.

Glidewax: Apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Red, corking between layers, and cover with 1 layer of GripWax Blue, cork smooth.

Structure: A fine structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Ben Grasseschi, Toko Tech Team member since 2003.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service