

# WAX RECOMMENDATION

# TOKO<sup>®</sup>

## Michigan Cup Relays

Cross Country Ski Headquarters, Roscommon, MI

Saturday, March 2

10 A.M.

Relay 3 x 5K, Classic/Skate/Skate

<https://nordicskiracer.com>

**Forecast/Conditions:** Overnight low around 32 with a daytime high in the mid-50s. Start time temperature will be in the mid-30s rising to near 40 for skate legs. Expect partly sunny skies. The track will be a packed base of manmade snow and natural snow with some dirt in areas.

**Glidewax:** Apply High Performance Red Hot Wax, scrape and brush. Then spray on HP Liquid Paraffin Yellow, let stand for at least 2 hours, and polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat and smooth. Then apply a mix of Nordic Klister Red and Klister Yellow, smooth and cool. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

**Structure:** A universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax layer or before applying HP Liquid Paraffin will best suit these conditions.

Created by Nick Baic, Toko Tech Team member since 2007.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

# Racing - Service