

Marv Stevenson Memorial Classic

Forbush Corner, Frederic, MI Sunday, February 4 10 A.M. 10K Seniors/5K Juniors, Classic 5K loop, Interval start https://www.forbushcorner.com

Forecast/Conditions: Overnight low of 21, temperature at start will be 29 with mostly clear skies. Course will be on a mix of transformed and newly made manmade snow.

<u>Glidewax</u>: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand for 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

<u>Gripwax</u>: In the klister zone, roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat and smooth. While still warm, apply Nordic Klister Red, smooth, let cool. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

<u>Structure</u>: A Universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

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Created by Nick Baic, Toko Tech Team member since 2007.

Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.