

## Alta Skiathlon

Alta School/Alta Library, Alta, WY Saturday, February 24 10 A M 16K/7K/3K, Classic then Skate Wave starts based on distance https://tvtap.org/events/altavista24/m

Forecast/Conditions: Overnight low 18, temperature at start 32. TVTAP will be grooming the course Friday night which will allow for a fast and firm track of transformed snow.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Sprinkle on HP Powder Red, iron in, let cool, scrape and brush. If you do not have HP Powder, apply BP Red Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat and smooth. Then apply Nordic Klister Red, smooth and let cool. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before. Toko Tech Team will be set up at the race star area to assist if you are having difficulty achieving good kick.

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax/Powder will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.