

## Allan Bard Memorial 15K

Tamarack Lodge XC, Mammoth Lakes, CA Sunday, February 4 10:45 A.M. 15K, Classic only Mass start 3 laps of 5K http://mammothmountain.com

Forecast/Conditions: Overnight low 14, temperature at start 20, with a high of 25. New snow on Friday and clear and cold on Saturday. A 50 percent chance of new snow before and during the race with light winds.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush, then apply High Performance Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-4 layers of Nordic GripWax Red corking between layers. Finish with 1 layer of GripWax Blue, cork smooth.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions

Servic

Created by Ben Grasseschi, Toko Tech Team member since 2003.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.