

## National Guard Biathlon Championships

Soldier Hollow, Midway, UT Wednesday, February 21 9 A.M. Zero, 10 A.M. Race Event info here

Forecast/Conditions: Rain Tuesday night, overnight low 32. A 70 percent chance of rain during Zeroing and start of race, temperature at start 34. Cloudy, wind 3-6 mph.

Glidewax: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Yellow, let stand at least two hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Structure: A universal grind covered by one pass with the Yellow Structurite tool after the final hot wax or before spraying HP LP will best suit these conditions.

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Created by Marshall Opel, Toko Tech Team member since 2022, marshallopel@gmail.com

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.