

## National Guard Biathlon Championships Relay

Soldier Hollow, Midway, UT Tuesday, February 20 9 A.M. Zero, 10 A.M. Race Mass start Event info here

Forecast/Conditions: Overnight low 28, temperature at start around 35. A 60 percent chance of rain/snow mix and mostly cloudy skies.

<u>Glidewax</u>: Apply High Performance Blue Hot Wax, scrape and brush, then apply HP LP Yellow, let sit at least two hours, and then brush with the Polishing Brush Liquid Paraffin. If you do not have HP LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

<u>Structure</u>: A warm/wet grind covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before applying LP spray will best suit these conditions. Vervic CING

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Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.