



Washington Nordic Cup Final

Cabin Creek Exit 63 Hwy 90, Snoqualmie Pass, WA Saturday, March 2 10 A.M. Qualifiers, 1 P.M. Finals Classic Sprint, King's Court format http://www.WNCup.org

Forecast/Conditions: After a week bringing a foot or more of new snow falling daily right through race day, expect clean, fast and firm snow conditions. Overnight low of 21 with snow temperature at start of 24 rising to around 31 by completion of event with an 80 percent chance of 1-3" of snow during event.

Glidewax: Apply High Performance Red Hot Wax/HP Yellow Hot Wax mixed 1:1, scrape and brush. Then spray on High Performance Yellow Liquid Paraffin, let stand at least 1-2 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Red, corking between layers. Add a layer of GripWax Yellow as the day warms up if you need more kick.

Structure: A universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.