

# WAX RECOMMENDATION **TOKO<sup>®</sup>**

## **Ski de She**

American Birkebeiner Trailhead, Cable, WI

Saturday, January 20

9 A.M.

20K Classic, 30K Skate, Mass start 4K loop course

[www.Birkie.com/ski/events/ski-de-she](http://www.Birkie.com/ski/events/ski-de-she)

**Forecast/Conditions:** Overnight low of -9F, temperature at start will be around 1F. Expect sunny skies with manmade snow with very little fresh natural snow.

**Glidewax:** Apply High Performance Blue Hot Wax, scrape and brush. Sprinkle on HP Powder Blue, iron in, let cool, scrape and brush. If you do not have HP Powder, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green short (in klister zone), cork smooth, let cool. Then create a pyramid of [multiple thick layers of Base Wax Green](#), corking between each layer. Stay short, not beyond klister zone. Finish by covering with a very thin layer of GripWax X-cold, corking lightly. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax/Powder will best suit these conditions.

Created by Blaise Sopiwnik, Toko Tech Team member since 2014.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

**Racing - Service**