

Battle Creek Regional Park, St. Paul, MN Saturday, January 13 9 A.M. Qualifiers, 10:20 A.M. to 2:20 P.M. Heats 1.4K and 1.0K, Classic, single lap www.enduranceunited.org/battle-creek-ascent-midwest-jng

Forecast/Conditions: Up to six inches of new snow between Thursday and early Saturday morning. High winds (15-20 mph with gusts up to 30), beginning at noon on Friday and throughout the races. Friday overnight low of 8F, temperature remaining steady throughout the races. A 33 percent chance of new snow during the races. Early qualifiers may find wind-blown snow in the tracks, which will pack down with skier traffic. Other areas will be solid manmade snow.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush. Then apply HP Blue, sprinkle on X-Cold Powder, iron in together, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Blue, corking between layers.

Structure: A fine or universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.