



Hickory Hills, Traverse City, MI Sunday, January 28 9 A.M. 10K U18/20, 5K U16, 2.5K U14, Classic 2.5K loop

https://www.tcvasaraptors.com/traverse-city-cxc-cup.html

Forecast/Conditions: Expect nighttime low around 32 and mostly cloudy. Sunday mostly cloudy, with race temperature 33-34. Manmade snow that is not going to freeze hard. No precipitation is expected but humidity will be around 95 percent. Expect glazed tracks.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush. Then apply HP Red Hot Wax/HP Yellow Hot Wax mixed 1:1, scrape and brush, spray on HP Liquid Paraffin Yellow, let dry at least two hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax/HP Yellow Hot Wax mixed 1:1, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, then apply a light layer of Nordic Base Klister Green, smooth out. Then apply Nordic Klister Red, smooth out and let cool. If additional kick is needed, add a thin layer of Nordic Klister Yellow under foot.

Structure: A universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Nick Baic, Toko Tech Team member since 2007. Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

ervice