

Meissner Snow Park, Bend, OR Sunday, January 21 8 A.M. 30K/17K, Classic Wave start, self-seeded, one lap for each distance https://meissnernordic.org/events/

Forecast/Conditions: Saturday night rain likely before 7 P.M., then rain and snow likely. Mostly cloudy, low around 31. A 70 percent chance of precipitation, new accumulation less than a half inch. Sunday snow and rain becoming all rain after 1 P.M., 80 percent chance of precipitation. Snow level 5,600 feet. High of 36.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on HP Liquid Paraffin Yellow, let stand at least two hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green short (in klister zone), cork smooth, let cool. Then create a pyramid of multiple thick layers of Base Wax Green, corking between each layer. Stay short, not beyond klister zone. Finish by covering with a very thin layer of GripWax Blue, corking lightly. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

Structure: A wet structure covered by one pass with the Yellow or before spraying HP LP will best suit these conditions.

Structurite tool after scraping and brushing the final Hot Wax/Powder Created by Colin Mahood, Toko Tech Team member. Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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