

WAX RECOMMENDATION



Loppet High School Invite

Theo Wirth Park, Minneapolis, MN

Saturday, January 13

First race at 8:30 A.M., last race at 11:30 A.M.

5K Skate relay, 5K Classic relay, Sprint relay with Classic and Skate

Relay heats are mass starts, waves for 5K races

2 laps on the manmade snow trails

<https://www.loppet.org/events/highschoolinvite/>

Forecast/Conditions: Expect 2-5 inches of new snow between Thursday and early Saturday morning. High winds (15-20 mph with gusts up to 30), begin at noon on Friday and run throughout the races. Friday overnight low of 8F, temperature remaining steady throughout the races. A 30-35 percent chance of new snow during the races. Early skiers may find wind-blown snow in spots. The remaining areas will be a solid surface of manmade snow.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush. Then apply HP Blue, sprinkle on X-Cold Powder, iron in together, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Blue, corking between layers.

Structure: A fine or universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006. grslater@comcast.net

Racing - Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.