

Huron Meadows Metropark, Brighton, MI Sunday, January 14 Events starting at 10 A.M. 12K and 5K, Classic https://nordicskiracer.com/frosty/

Forecast/Conditions: Temperature will fall steadily from 25 Saturday afternoon to 14 at race time, with mostly cloudy skies, and a 40 percent chance of snow Satuday through Sunday. It is going to be very windy with sustained winds in the 20s mph, gusts into the 30s. The course may be anywhere from a 1K loop of all manmade snow to a 5K of natural snow and manmade snow depending on whether the precipitation is rain or snow.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on HP LP Blue, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 4 alternating layers of Nordic GripWax Red and Base Wax Green, corking between layers. Final layer should be Red. You might cover with a layer of Nordic GripWax Blue if Red is dragging.

Structure: A Cold structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Nick Baic, Toko Tech Team member since 2007.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.