

WAX RECOMMENDATION **TOKO[®]**

Hinderbinder

James Lake (new location), Westboro, WI

Saturday, January 13

9 A.M.

15K Adult, 9K HS/MS, Skate and Classic

<https://forestsprings.us/events/hinder-binder>

Forecast/Conditions: Friday night's low is expected to be in the low teens/around 10F with race time temperatures in the low teens. Mostly cloudy skies and a good chance of snow Friday through Saturday morning possibly around race time. It is going to be very windy Friday night and Saturday morning with sustained winds in the 20s and gusts into the 30s mph. The course has been moved onto James Lake for a 3K loop that includes a .25K portion off the lake onto the ski hill.

Glidewax: Apply High Performance Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush. Then spray on High Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several layers of Nordic GripWax Blue, corking between layers. Be prepared with Nordic Klister Blue if the winds blow most of the snow off of the lake.

Structure: A Cold/Linear structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Mike Lundeen, Toko Tech Team member since 2004.

Racing - Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.