

Frosty Freestyle

Huron Meadows Metropark, Brighton, MI Saturday, January 13 Events starting at 1 P.M. Adult 15K and 5K, Skate https://nordicskiracer.com/frosty/

Forecast/Conditions: Friday night's low is expected to be in the low 30s and falling to around 25 at race time, with mostly cloudy skies, and a good chance of rain and/or snow Friday through Saturday morning possibly around race time. It is going to be very windy Friday night and Saturday morning with sustained winds in the 20s mph, gusts into the 40s. The course may be anywhere from a 1K loop of all manmade snow to a 5K of natural snow and manmade snow depending on whether the precipitation is rain or snow.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on HP LP Red, let stand at least 2-4 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: NA

Structure: A Universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by Nick Baic, Toko Tech Team member since 2007.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.